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the lives of millions. The Irritable Male Syndrome: Amazon.co.uk: Jed Diamond ... More and more men are being diagnosed as suffering from testosterone deficiency, a trend that suggests the male of the species may be just as vulnerable to the vagaries of his biology as a woman is... Irritable male syndrome - The Guardian Some men develop depression, loss of sex drive, erectile dysfunction, and other physical and emotional symptoms when they reach their late 40s to early 50s. Other symptoms common in men this age are: mood swings and irritability. loss of muscle mass and reduced ability to exercise. fat redistribution, such as developing a large belly or "man boobs" (gynaecomastia) The 'male menopause' - NHS Irritable male syndrome (IMS) can be defined as a state of hypersensitivity, frustration, anxiety, and anger that occurs in males and is associated with biochemical changes, hormonal fluctuations, stress, and loss of male identity. MODERATOR:

Just as PMS is now acknowledged to be a problem in women, IMS-thanks to this book-is gaining recognition as an affliction among men. By revolutionizing the detection, understanding, and treatment of this condition, The Irritable Male Syndrome is bringing relief and happiness back to the lives of millions.

The Irritable Male Syndrome Understanding The Irritable Male Syndrome: Understanding and Managing ...

Some men develop depression, loss of sex drive, erectile dysfunction, and other physical and emotional symptoms when they reach their late 40s to early 50s. Other symptoms common in men this age are: mood swings and irritability. loss of muscle mass and reduced ability to exercise. fat redistribution, such as developing a large belly or "man boobs" (gynaecomastia) [The Irritable Male Syndrome : Understanding and Managing ...](#) Based on 35 years of clinical research and responses from nearly 10,000 males, The Irritable Male Syndrome explains why millions of men are becoming angry and depressed and why they so often vent their frustrations on the women they love the most. We give you all the tools you need to insure that The Irritable Male Syndrome doesn't undermine your health and destroy your relationships.

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The Irritable Male Syndrome : Understanding and Managing the 4 Key Causes of Depression and Aggression. From the bestselling author of Male Menopause comes another life-transforming book for men and the women who love them on overcoming the mood and behavior changes caused by fluctuating male ...

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Irritable Male Syndrome is described as a 'man period' -- when a man feels a lot of irritability because of fluctuating, and low, testosterone levels. Why Irritable Male Syndrome gives men man-periods The results were published in my book, The Irritable Male Syndrome: Understanding and Managing the 4 Key Causes of Depression and Aggression.

The Irritable Male Syndrome: Understanding and Managing ...

As the name suggests, irritable male syndrome's leading symptom is irritability. Depression and lower self-confidence can also be symptoms. It can lead to difficulty concentrating, trouble...

Understanding Irritable Male Syndrome - thejoint.com

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Jed Diamond, PhD - The 4 Key Causes of the Irritable Male

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The Irritable Male Syndrome: Understanding and Managing ...
He identifies the four common triggers of Irritable Male Syndrome (IMS)-fluctuating testosterone levels, biochemical imbalances, loss of masculine identity, and stress-and then shows how best to treat this condition that, research shows, affects up to 30 percent of males, especially those in adolescence and midlife.

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The Irritable Male Syndrome Understanding and Managing the Irritable male syndrome (IMS) can be defined as a state of hypersensitivity, frustration, anxiety, and anger that occurs in males and is associated with biochemical changes, hormonal fluctuations, stress, and loss of male identity. MODERATOR:

Take the Irritable Male Syndrome Quiz

Dr. Gerald Lincoln, who coined the term "Irritable Male Syndrome," found in his research that lowering levels of testosterone animals caused them to become more irritable, biting their cages as well as the researchers who were testing them. We know that testosterone fluctuations can occur in men caused by stress, conflict, and aging. 2.

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