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Blend Active Recipe Book Naturally  
Delicious Blend Go Personal  
Blender Smoothies For Workouts  
Weight Loss And Good Health Blend  
Active Recipe Book Active Bottle  
Blend Active Blender Book 1

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Natural Lifestyle Cooking  
Vegetarian Times  
Instant Pot Ace Blender Cookbook  
The Re-Center Method Natural Diet Soup Book  
Vegetarian Times

Vegetables

Good & Sweet

The Travelers Recipe Book

The Smoothie Maker Recipe Book

The Skinny Fruit-Infused Water Recipe Book

Blend Active Recipe Book

The Perfect Blend

The Country Life Natural Foods Nutrition Seminar Cookbook

The Natural Foods Recipe Book

The Personal Blender Recipe Book

The Smoothie Recipe Book for Beginners

The Slim-It-Down Diet Smoothies

History of Soynuts, Soynut Butter, Japanese-Style Roasted Soybeans (Irimame) and Setsubun (with Mamemaki) (1068-2012)

Super Fresh Juices and Smoothies

Superfood Juices and Smoothies

Vegetarian Times

The Wellness Mama Cookbook

The Mom 100 Cookbook Sampler

Vegetarian Times

Naturally Nourished  
The Blender Girl  
Flavor First  
Laurie Phippen's All Natural Acne Prevention and Treatment Recipe Book  
Vegetarian Times  
More Smoothies for Life  
Good Housekeeping  
Natural Magick  
Laurie Pippens All Natural Anti-Aging Skin Care Recipe Book  
Natural Homemade Skin Care  
Vegetarian Times  
The Slim-It-Down Diet Smoothies  
The Greek Yogurt Diet  
Bon Appétit  
Gluten-Free 101

*Blend Active Recipe Book  
Naturally Delicious Blend Go  
Personal Blender Smoothies For  
Workouts Weight Loss And Good  
Health Blend Active Recipe Book  
Active Bottle Blend Active  
Blend Book 1*

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**ANAYA STEWART**

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*Natural Lifestyle Cooking Blend Active  
Recipe Book* This Blend Active Recipe

Book will help you to make naturally tasty blend & go recipes for speedy weight loss, workouts and overall good health. Each smoothie is made up of the most delicious and healthy organic ingredients and will deliver vital nutrients for superb health benefits. You will be able to use your Blend Active or other mini blender to make life-changing fruit and vegetable elixirs. The book provides full calorie counted smoothies with tasty combinations of easy-to-find ingredients. Moreover, these smoothies are carefully created to meet different health goals for better health. By making these smoothies a part of your daily diet, you'll begin to feel healthy inside and out. Enjoy the power of micro-nutrients in every sip!

The Personal Blender Recipe Book

Smoothie Cookbook With Over 100 Smoothies For Weight Loss, Superfood Smoothies, Green Smoothies, Protein Smoothies, Low Calorie Weight Loss Smoothies And More This revolutionary smoothie diet book serves up over 100 healthy and proven recipes to help people lose weight and overcome various diseases. THE SLIM-IT-DOWN DIET SMOOTHIES came to life when the author discovered that genetic obesity doesn't have to be a life sentence of uncontrollable weight gain and adverse health effects-ranging from high cholesterol and high blood pressure to the buildup of stubborn body fat. After witnessing family and friends regain their health and lose weight after routinely drinking the Slim-It-Down Diet Smoothies, the author, Diane Sharpe

proved that obesity could be gone forever with this one simple approach: THE SLIM-IT-DOWN DIET SMOOTHIES . Moreover, these diet smoothies takes you to the next health level with over 100 healthy, life-changing and nutrient-rich smoothie recipes, including a wholesome variety that are: Low Fat, Low Calorie, Low Carb, High Protein, Sugar-Free, Dairy-Free, Vegan and Paleo friendly. Recipes include: Berry Blast Fat-Burner Smoothie, Flat Belly Blueberry Smoothie, Go Slim Raspberry Smoothie, Blackberry Tropics Smoothie, Comforting Raspberry Smoothie and other surprising healthy smoothie hits like Chocolate Dream Smoothie, Healthy Low Carb Smoothie, Blueberry Almond Smoothie and Watermelon Ginger Smoothie. THE SLIM-IT-DOWN DIET SMOOTHIES has

been proven safe and effective. It is the ideal healthy smoothie diet through which dieters will both be able to: Burn fat faster and lose weight while you boost your metabolism Burn fat faster while you boost your metabolism Curb your appetite Lessen bloating and water retention Boost the levels of your body's natural fat fighter Surge your body's insulin sensitivity Improve your overall health while decreasing your risk of diseases such as cancer, heart disease and type 2 diabetes Have enhanced longevity With information from cutting-edge science and nutrition, along with the testimonies from family and friends who have first experienced life-changing transformations in their health after going on the Slim-It-Down Diet, this book is created to change lives.

*Vegetarian Times* Penguin

ONE OF THE BEST COOKBOOKS OF THE YEAR: Los Angeles Times, Serious Eats  
Groundbreaking recipes for real desserts—sweetened entirely by fruit and other natural, unexpectedly sweet ingredients—from a pastry cook who’s worked at acclaimed restaurants in New York and France. Brian Levy spent years making pastries the traditional way, with loads of refined sugar and white flour, at distinguished restaurants, inns, and private homes in the United States and Europe. But he discovered another world of desserts—one that few bakers have explored—where there’s no need for cane sugar or coconut sugar, for maple syrup or honey, or for anything like stevia. When Levy succeeded in making a perfect mango custard, harnessing

only the natural sweetness of fruit with no added sugar, it was a breakthrough that inspired years of experimentation converting other desserts into nutritious indulgences. In *Good & Sweet*, Levy stretches this experiment across 100 recipes that ingeniously deploy fruit (dried, juiced, and fresh), nuts, grains, dairy, and fermented products to create sweet treats whose flavor is enriched by whole-food, feel-good ingredients. Every recipe offers substitutions for dietary restrictions and includes a flavorful sweetener that exceeds cane sugar, from freeze-dried sweet corn to coconut cream and apple cider. A Pistachio-Studded Peach Galette gets its wings from fresh fruit, dried apricots, and orange juice; chestnuts, golden raisins, and dried apples perform a *pas de trois*

in Chestnut Ricotta Ice Cream; and dates, milk powder, and a touch of miso paste make for a dense, caramely Sticky Toffee Pudding Cake. With sweets like these—ones that nudge you toward mindful eating but don't compromise flavor—you'll never have to give up dessert.

*Instant Pot Ace Blender Cookbook* Arco Beautiful, Vibrant Skin the Natural Way Ditch expensive creams, serums and lotions full of mystery ingredients and turn to nature to find the best remedies for all your skin care needs with products you can make right at home. Herbalist Militza Maury's use of natural ingredients ensures that you know exactly what's in your skin-care products and what you're getting out of them—beautiful, nourished, healthy skin. Creating a daily

skin-care routine is easier than ever with recipes for cleansers, toners and moisturizers for every skin type. Try Soothing Cookie Dough Cleanser for inflamed skin, Clean & Clear Hydrosol Toner for oily or acne-prone skin or Moisture-Rich Solid Serum for dry, dehydrated skin. No matter your skin's needs, Militza has products that will help you achieve healthy, glowing skin from head to toe. And once you've established a daily routine that works for you, don't forget to make skin care fun with a whole slew of masks, scrubs, bath products and more—all made from safe, familiar ingredients like honey, cocoa butter, fresh herbs and essential oils. With information about the nourishing and healing properties of the ingredients used and instructions for infusing

vinegar, oil and honey to further increase the efficacy of the recipes, this collection gives you all the information you need to make quality skin-care products at home.

The Re-Center Method Natural Diet Soup Book Page Street Publishing

This Blend Active Recipe Book will help you to make naturally tasty blend & go recipes for speedy weight loss, workouts and overall good health. Each smoothie is made up of the most delicious and healthy organic ingredients and will deliver vital nutrients for superb health benefits. You will be able to use your Blend Active or other mini blender to make life-changing fruit and vegetable elixirs. The book provides full calorie counted smoothies with tasty combinations of easy-to-find ingredients.

Moreover, these smoothies are carefully created to meet different health goals for better health. By making these smoothies a part of your daily diet, you'll begin to feel healthy inside and out. Enjoy the power of micro-nutrients in every sip!

**Vegetarian Times** Page Street Publishing

This book consists of 161 recipes gathered and hand written by a close and dear friend of mine, which he asked me to muster together and shape into a book. Most majority recipes are simple, easy and enjoyable to prepare.

**Vegetables** Ten Speed Press

This work has been selected by scholars as being culturally important and is part of the knowledge base of civilization as we know it. This work is in the public



domain in the United States of America, and possibly other nations. Within the United States, you may freely copy and distribute this work, as no entity (individual or corporate) has a copyright on the body of the work. Scholars believe, and we concur, that this work is important enough to be preserved, reproduced, and made generally available to the public. To ensure a quality reading experience, this work has been proofread and republished using a format that seamlessly blends the original graphical elements with text in an easy-to-read typeface. We appreciate your support of the preservation process, and thank you for being an important part of keeping this knowledge alive and relevant.

**Good & Sweet** Eiram Publishing

A compilation of 200 simple, delicious recipes using all-natural ingredients; meal plans; time-saving tips; and advice that will take the guesswork out of dinner, from the creator of the popular Wellness Mama website. With six kids, a popular blog, and no free time, Katie Wells, knows firsthand how difficult it is to cook a healthy, homemade dinner every night. Faced with her own health challenges, and also concerned about the frightening statistics on the future health of her children's generation, Katie began to evaluate the foods she was eating and feeding to her family. She became determined to find a way to create and serve meals that were wholesome, easy to prepare, budget-friendly, and family approved. The recipes and practical advice Katie offers

in *The Wellness Mama Cookbook* will help you eliminate processed foods and move toward more healthy, home-cooked meals that are easily prepared—most in thirty minutes or less. The recipes focus on whole foods that are free of grains and refined sugars and without harmful fats, but are still delicious and full of flavor. With a variety of slow-cooker and one-pot meals, light lunches, dinners, and desserts, you'll be eating better in every way in no time at all. Recipes include Sesame Chicken with Sugar Snap Peas, Sweet Potato Crusted Quiche Lorraine, Beef and Zucchini Stir Fry, and Chewy Chocolate Chip Cookies, as well as recipes for bone broths, fermented foods, and super food drinks and smoothies. Katie also shares pantry-stocking advice, two weeks of meal

plans for at home and on-the-go, shopping lists, and more. This is the ultimate cookbook that readers need to incorporate healthy eating knowledge into their daily practices.

*The Travelers Recipe Book* Mendocino Press

To do what no other magazine does: Deliver simple, delicious food, plus expert health and lifestyle information, that's exclusively vegetarian but wrapped in a fresh, stylish mainstream package that's inviting to all. Because while vegetarians are a great, vital, passionate niche, their healthy way of eating and the earth-friendly values it inspires appeals to an increasingly large group of Americans. VT's goal: To embrace both.

***The Smoothie Maker Recipe Book***

### Refinement Publishing & Media

The debut cookbook from the powerhouse blogger behind [theblendergirl.com](http://theblendergirl.com), featuring 100 gluten-free, vegan recipes for smoothies, meals, and more made quickly and easily in a blender. What's your perfect blend? On her wildly popular recipe blog, Tess Masters—aka, The Blender Girl—shares easy plant-based recipes that anyone can whip up fast in a blender. Tess's lively, down-to-earth approach has attracted legions of fans looking for quick and fun ways to prepare healthy food. In *The Blender Girl*, Tess's much-anticipated debut cookbook, she offers 100 whole-food recipes that are gluten-free and vegan, and rely on natural flavors and sweeteners. Many are also raw and nut-

soy-, corn-, and sugar-free. Smoothies, soups, and spreads are a given in a blender cookbook, but this surprisingly versatile collection also includes appetizers, salads, and main dishes with a blended component, like Fresh Spring Rolls with Orange-Almond Sauce, Twisted Caesar Pleaser, Spicy Chickpea Burgers with Portobello Buns and Greens, and I-Love-Veggies! Bake. And even though many of Tess's smoothies and shakes taste like dessert—Apple Pie in a Glass, Raspberry-Lemon Cheesecake, or Tastes-Like-Ice-Cream Kale, anyone?—her actual desserts are out-of-this-world good, from Chocolate-Chile Banana Spilly to Flourless Triple-Pecan Mousse Pie and Chai Rice Pudding. Best of all, every recipe can easily be adjusted to your personal

taste: add an extra squeeze of this, another handful of that, or leave something out altogether— these dishes are super forgiving, so you can't mess them up. Details on the benefits of soaking, sprouting, and dehydrating; proper food combining; and eating raw, probiotic-rich, and alkaline ingredients round out this nutrient-dense guide. But you don't have to understand the science of good nutrition to run with The Blender Girl—all you need is a blender and a sense of adventure. So dust off your machine and get ready to find your perfect blend.

[The Skinny Fruit-Infused Water Recipe Book](#) Houghton Mifflin Harcourt

As the nutritionist for NBC's hit show *The Biggest Loser*, Cheryl Forberg not only knows how to help people lose weight,

she also understands why they gain it in the first place. One reason Americans keep packing on the pounds is because our taste buds have become accustomed to the intense (and artificial) flavors of highly processed foods that overwhelm our senses. We tend to crave extreme flavors and textures—salty, fried, sweet, creamy—so when we decide to lose weight by substituting grilled chicken for a hamburger, we're not going to enjoy our food...and we're unlikely to stick to our weight loss plan. But what if you substituted your greasy drive-thru hamburger for Spicy Beef Satays, Beer-Braised Pork Tacos, or Sesame Prawns? How about if you replaced your morning doughnut with spicy Huevos Sofrito or Toasted Oatcakes with Berry Confetti? Chances are, you'd be too satisfied to

miss any of the empty calories in your old favorites. In Flavor First, you'll discover more than 75 recipes for delicious, all-natural entrées, snacks, appetizers, drinks, and desserts that are big on flavor and low in calories. Cheryl shows you how to create easy, family-friendly meals that will add instant flavor and excitement to your daily routine. From simple cooking techniques that create layers of flavor, to recipes for blending your own spice rubs and marinades, to whipping up sauces and vinaigrettes in minutes, Flavor First shows you that you don't have to sacrifice flavor to lose weight.

### **Blend Active Recipe Book**

CreateSpace

Fresh, Whole Food Recipes for a Better, Faster, Stronger You The key to a whole

new level of health is as simple as eating well! Zuzana Fajkusova and Nikki Lefler, authors of Vegan Weight Loss Manifesto, have been vegan athletes and health coaches for more than 20 years and have designed the perfect plant-based diet to fuel your body pre-, mid- and postworkout. A vegan diet provides all the essential vitamins, minerals, enzymes and antioxidants an active body needs—and with delicious recipes like Chocolate Muscle Mylk, Veggie Nori Rolls and “The Game Changer” Burger, you never have to sacrifice flavor. Zuzana and Nikki have discovered the plant-based secret to building leaner, stronger muscles, and with their meal type and timing recommendations for casual, moderate and high- impact workouts, you're sure to find the best

way to give your body the nutrition it needs to keep improving. They even include sample menus to help you plan your plant-based journey to increase your strength and energy while reducing body fat. So, whether you're a competitive athlete or weekend warrior, this cookbook has recipes that are sure to strengthen your body, mind and spirit. [The Perfect Blend](#) Hatherleigh Press Simplify whole foods cooking for weeknights--with 100 inspired vegetarian recipes made with supermarket ingredients. Sarah Britton streamlines vegetarian cooking by bringing her signature bright photography and fantastic flavors to an accessible cookbook fit for any budget, any day of the week. Her mains, sides, soups, salads, and snacks all call for

easy cooking techniques and ingredients found in any grocery store. With callouts to vegan and gluten-free options and ideas for substitutions, this beautiful cookbook shows readers how to cook smart, not hard.

**The Country Life Natural Foods Nutrition Seminar Cookbook** TEACH Services, Inc.

Online phenomenon The Blender Girl offers up 100 recipes for healthy living with tasty, crowd-pleasing dishes to help boost nutrition for every meal of the day. The Perfect Blend functions not only as a cookbook but also as a guide for how to lead a more vibrant and healthy life. Blogging powerhouse Tess Masters lays out a dozen healthy goals for readers, including gaining energy, boosting immunity, reducing inflammation,

detoxing the body, and probiotic power. Then Masters offers easy-to-follow recipes for smoothies, elixirs, snacks, salads, sides, soups, mains, and desserts that help you reach these goals and get results fast. Including a guide to key ingredients, an extensive resources section, and optional nutritional boosters for each recipe, The Perfect Blend will help you find your own perfect blend and leave you feeling energized and revitalized.

[The Natural Foods Recipe Book](#)

CreateSpace

[Blend Active Recipe Book](#)

[The Personal Blender Recipe Book](#)

Ryland Peters & Small

Acne is a common skin condition that causes whiteheads, blackheads, cystitis, or seborrhea. Acne is most common in

people during the pubescent years but it can happen to anyone, at any age. The most common cause of acne appears to be genetic, but some environmental factors and life choices can also aggravate acne. Acne can appear in different ways on different people. Common acne can appear as red, scaly skin known as seborrhea, as black or white-headed pustules, and as inflamed, red bumps that may produce scarring. There are many natural treatments & preventatives you can try to help reduce or even stop your acne outbreaks. Acne is very specific to each individual so you should start by considering your lifestyle and potential acne triggers. Each person may have one or more triggers that must be corrected before the acne outbreaks will stop. You may be able to

combat the severity of acne outbreaks by making some simple lifestyle changes. Once you have located the potential triggers of outbreaks for your personal situation, you will have a better idea of how to treat and even prevent future outbreaks. Remember, each person will have a slightly different situation including triggers, skin type, environment, and genetic history. You should experiment to find the perfect combination of lifestyle change and treatments for you! Natural care is about more than just using nature to solve a problem. Natural care is about CUSTOMIZING nature to solve your personal problem!

The Smoothie Recipe Book for Beginners

Clarkson Potter

Nutritionist Daniella Chace, coauthor of

Smoothies for Life, is back with 150 smoothie recipes designed to cure common ailments, increase longevity, and satisfy cravings with fat-burning snacks. Learn how to save money and time by making Starbucks- and Jamba Juice-worthy drinks right in your own kitchen, using the healthiest ingredients on the planet! There's no easier, more decadent way to provide all the nutrients your body needs. With More Smoothies for Life, you can whip up:

- smoothies that enhance weight loss, increase metabolic rate, and control appetite
- heart-healthy smoothies rich in antioxidants from blueberries, walnuts, green tea, avocados, pomegranates, and more
- elixirs that heighten mental clarity, improve memory, and support rejuvenating sleep
- quick-and-easy



remedies for hangovers, insomnia, and stress •homemade energy drinks that work and taste like Red Bull, minus the sugar and the price tag Translating complex food science into easy-to-understand advice, Chace thoroughly explains the scientific basis for each medicinally active ingredient so you know you're getting the most out of your daily shake. Your blender will never be put to better use!

The Slim-It-Down Diet Smoothies Rodale Books

To do what no other magazine does: Deliver simple, delicious food, plus expert health and lifestyle information, that's exclusively vegetarian but wrapped in a fresh, stylish mainstream package that's inviting to all. Because while vegetarians are a great, vital,

passionate niche, their healthy way of eating and the earth-friendly values it inspires appeals to an increasingly large group of Americans. VT's goal: To embrace both.

*History of Soynuts, Soynut Butter, Japanese-Style Roasted Soybeans (Irimame) and Setsubun (with*

*Mamemaki) (1068-2012)* CreateSpace

Over 100 Tasty and Nutrient-dense

Smoothies for Overall Good Health and

Weight Loss. Recipes include: Smoothies

For Weight Loss--Superfood Smoothies--

Green Smoothies--Protein Smoothies--

Low Calorie Weight Loss Smoothies And

More This smoothie recipe book works

well with - Philips Blender, Nutribullet,

Blend Active, Kenwood, VonShef,

Vitamix, Nutri Ninja, Hamilton Beach,

Ninja Master Prep and other smoothie

makers This revolutionary smoothie diet book serves up over 100 healthy and proven recipes to help people lose weight and overcome various diseases. THE SLIM-IT-DOWN DIET SMOOTHIES came to life when the author discovered that genetic obesity doesn't have to be a life sentence of uncontrollable weight gain and adverse health effects--ranging from high cholesterol and high blood pressure to the buildup of stubborn body fat. After witnessing family and friends regain their health and lose weight after routinely drinking the Slim-It-Down Diet Smoothies, the author, Diane Sharpe proved that obesity could be gone forever with this one simple approach: THE SLIM-IT-DOWN DIET SMOOTHIES. Moreover, these diet smoothies takes you to the next health level with over

100 healthy, life-changing and nutrient-rich smoothie recipes, including a wholesome variety that are: Low Fat, Low Calorie, Low Carb, High Protein, Sugar-Free, Dairy-Free, Vegan and Paleo friendly. Recipes include: Berry Blast Fat-Burner Smoothie, Flat Belly Blueberry Smoothie, Go Slim Raspberry Smoothie, Blackberry Tropics Smoothie, Comforting Raspberry Smoothie and other surprising healthy smoothie hits like Chocolate Dream Smoothie, Healthy Low Carb Smoothie, Blueberry Almond Smoothie and Watermelon Ginger Smoothie. THE SLIM-IT-DOWN DIET SMOOTHIES has been proven safe and effective. It is the ideal healthy smoothie diet through which dieters will both be able to: Burn fat faster and lose weight while you boost your metabolism Burn fat faster

while you boost your metabolism Curb your appetite Lessen bloating and water retention Boost the levels of your body's natural fat fighter Surge your body's insulin sensitivity Improve your overall health while decreasing your risk of diseases such as cancer, heart disease and type 2 diabetes Have enhanced longevity With information from cutting-edge science and nutrition, along with the testimonies from family and friends who have first experienced life-changing transformations in their health after going on the Slim-It-Down Diet, this book is created to change lives.

*Super Fresh Juices and Smoothies* Cider Mill Press

Explore the wonderful world of vegetables with *Vegetables: The Ultimate Cookbook*. A celebration of

vegetables by chef and farmer Laura Sorkin, you'll learn about where specific vegetables originated, which countries produce the largest number of radishes, how to select the best avocado, ways to use jicama, and more. With this book on hand, it's easy to delight all tastes by making vegetables the star of any dish. Inside, you'll find: 300+ easy-to-follow recipes, including options for snacks, salads, soups, stews, side dishes, and entrees A heavily illustrated A-Z of over 50 vegetables comprised of the author's expertise as both a chef and farmer Mouthwatering photography, archival imagery, and colorful original illustrations Recipes for essential ingredients, including stocks, pastas and noodles, dumpling wrappers, and condiments Thoughtful analysis of

various farming methods From decadent soups to hearty internationally inspired entrees, Vegetables will satisfy all cravings.

*Superfood Juices and Smoothies* Soyinfo Center

The Skinny Fruit-Infused Water Recipe Book Delicious, detoxing, no-calorie vitamin water to help boost your metabolism, lose weight and feel great The health benefits of drinking water are well documented including skin cleansing, detoxing, balancing fluids as well as being the perfect companion for general fitness and dieting. Add fruit infusion and as well as getting a great tasting & refreshing drink, suddenly your body is also benefiting from the natural vitamins and minerals which are abundant in fruit. Fruit Water is a great

alternative to sugary drinks and its zero calories makes it ideal if you are looking to get in shape. The Skinny Fruit-Infused Water Recipes are simple, quick and easy: generally a combination of fresh fruits, vegetables, and herbs immersed in cold water. All the recipe ideas in this book have been developed for use in a 750ml/3 cup size fruit infuser sports bottle but quantities can easily be altered to make a single glass or large pitcher jug which you can leave cooling in the fridge and go back to time and time again. You may also enjoy... The Skinny NutriBullet Recipe Book: 80+ Delicious & Nutritious Healthy Smoothie Recipes. Burn Fat, Lose Weight and Feel Great The Skinny Blend Active Recipe book: Great tasting, nutritious smoothies, juices & shakes. Perfect for

workouts, weight loss & fat burning.  
Blend & Go The Skinny Juice Diet Recipe

Book: 5lbs, 5 Days. the Ultimate Kick-  
Start Diet and Detox Plan to Lose Weight  
& Feel Great

Best Sellers - Books :

- [Can't Hurt Me: Master Your Mind And Defy The Odds](#)
- [Love You Forever By Robert Munsch](#)
- [The Democrat Party Hates America By Mark R. Levin](#)
- [Goodnight Moon By Margaret Wise Brown](#)
- [Too Late: Definitive Edition](#)
- [How To Win Friends & Influence People \(dale Carnegie Books\) By Dale Carnegie](#)
- [Daisy Jones & The Six: A Novel](#)
- [To Kill A Mockingbird By Harper Lee](#)
- [Lord Of The Flies By William Golding](#)
- [Saved: A War Reporter's Mission To Make It Home By Benjamin Hall](#)