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# Al Ghazali On Disciplining The Soul And On Breaking The Two Desires

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Al-Ghazzali on the Treatment of the Harms of the Tongue

Al-Ghazzali on Knowing Yourself and God

[مكاشفة القلوب ]انكليزي

Spiritual Stations on the Sufi Path

Book 9 of The Revival of the Religious Sciences ; Iḥyā' 'ulūm Al-dīn

Bombing Without Moonlight

Kasr Al Shahwatayn (Curbing the Two Appetites) from Iḥyā' 'ulūm Al-dīn

(Revivification of the Sciences of Religion)

The Life of Al-Ghazzālī

On Disciplining the Soul

Deliverance from Error

A Concise Life

Al-Ghazali on Poverty and Abstinence

The Jewels of the Qur'ān

An Annotated Translation of Al-Munqidh Min Al Dal–al and Other Relevant Works of

Al-Ghazālī

Marvels of the Heart

Invocations & Supplications

Al-Ghazzali on Disciplining the Self

Kitāb Al-'ilm

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Wonders of the Heart

Book Xxxiv of the Revival of the Religious Sciences

Patience and Thankfulness

Al-Ghazālī's Theory : a Translation, with an Introduction and Annotation, of Al-Ghazālī's Kitāb Jawāhir Al-Qur'ān

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The Book of Assistance

Ghazali's Theory of Virtue

Muslim Studies, Vol. 1

The Remembrance of Death and the Afterlife  
The Alchemy of Happiness  
Al-Ghazali on Vigilance and Self-Examination  
Imam Al-Ghazali  
AN EXPOSITION OF THE HEARTS

*Al Ghazali On  
Disciplining The Soul  
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## **REEVES MCKENZIE**

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Al-Ghazzali on the Treatment of the  
Harms of the Tongue Essential Ihya'  
'ulum Al-Din

Presents the life of Imam al-Ghazali from his humble background as a fatherless young boy to become the preeminent Muslim scholar of the eleventh century and a towering figure in the history of Islamic thought.

*Al-Ghazzali on Knowing Yourself and God*  
Kazi Publications

The spiritual life in Islam begins with riyadat al-nafs, the inner warfare against the ego. Distracted and polluted by worldliness, the lower self has a tendency to drag the human creature down into arrogance and vice. Only by a powerful effort of will can the sincere worshipper achieve the purity of soul which enables him to attain God's proximity. This translation of two chapters from The Revival of the Religious Sciences (Ihya' 'Ulum al-Din)

details the sophisticated spiritual techniques adopted by classical Islam. In the first step, *On Disciplining the Soul*, which cites copious anecdotes from the Islamic scriptures and biographies of the saints, Ghazali explains how to acquire good character traits, and goes on to describe how the sickness of the heart may be cured. In the second part, *Breaking the Two Desires*, he focusses on the question of gluttony and sexual desire, concluding, in the words of the Prophet, that 'the best of all matters is the middle way'. The translator has added an introduction and notes which explore Ghazali's ability to make use of Greek as well as Islamic ethics. The work will prove of special interest to those interested in Sufi mysticism, comparative ethics, and the question of

sexuality in Islam.

**[مكاشفة القلوب] انكليزي** Samaira Book Publishers

The spiritual life in Islam begins with *riyat al-nafs*, the inner warfare against the ego. Distracted and polluted by worldliness, the lower self has a tendency to drag the human creature down into arrogance and vice. Only by a powerful effort of will can the sincere worshipper achieve the purity of soul which enables him to attain God's proximity. This translation of two chapters from *The Revival of the Religious Sciences (Ihya' 'Ulum al-Din)* details the sophisticated spiritual techniques adopted by classical Islam. In the first step, *On Disciplining the Soul*, which cites copious anecdotes from the Islamic scriptures and biographies of the

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[Spiritual Stations on the Sufi Path](#) Kube Publishing Ltd

General Description: Al-Ghazzali speaks out against the harms of the tongue like

lying and backbiting or maliciously damaging another's reputation as destroyers of one's achieving a good disposition. He also speaks on the spiritual reward of silence and what to do when one is praised.

**Book 9 of The Revival of the Religious Sciences ; Iḥyā' 'ulūm Al-dīn** Fons Vitae Al-Ghazali

This book unlocks the secrets of the seven degrees through which the soul progresses as it travels the Sufi Path to its Lord. It teaches the novice how to transform the Inciting Soul the lowest and most egotistic of the self's manifestations, into the Reproachful Soul, which must then become Inspired, Serene, Contented, and Found Pleasing until it attains the ultimate degree of sanctity and wholeness as the Perfect

Soul. To achieve this progressive purification of the self, special Sufi practices, litanies and attitudes of mind are recommended. Both practical and profound, this book offers a concise manual of Sufi teaching on the Way to spiritual liberation.

**Bombing Without Moonlight** Oxford University Press

General Description: In al-Ghazzali's view, everything begins by knowing who you are. He says that you should know that you are born with an outer form and an inner essence and it is that inner essence or the spiritual heart that you have to come to know in order to know who you are.

*Kasr Al Shahwatayn (Curbing the Two Appetites) from Ihya' 'ulūm Al-dīn (Revivification of the Sciences of*

*Religion)* Stosius Incorporated/Advent Books Division  
Responses Proper to Listening to Music and the Experience of Ecstasy is the eighteen chapter of the Revival of the Religious Sciences (Ihya' 'ulum al-din), a monumental work of classical Islam written by the renowned theologian-mystic Abu Hamid al-Ghazali (d. 1111). This chapter of the Revival deals with the controversial topic of music. In the Islamic legal tradition, there is disagreement as to whether or not performing and listening to music is lawful, even more, whether music might be used as a path to ecstasy. Basing himself on the Qur'an, hadith, the first generations of Muslims and the mystical tradition, Ghazali presents the arguments both for and against listening

to music. Ghazali's own position is that music in itself is permissible, though under certain circumstances it can be unlawful or undesirable. Ghazali emphasises awareness of the omnipresence of God in creation and the importance of using the mind, hearing and sight to bring one closer to God. In Responses Proper to Listening to Music and the Experience of Ecstasy he gives lyrical expression to his love of poetry and music, and their legitimate place not only in human celebrations, but in divine worship and as aids on the path to gnosis and ecstasy. All such responses he sees exemplified in the life of the Prophet with his family. This volume also includes a translation of Imam Ghazali's own Introduction to the Revival of the Religious Sciences, which gives the

reasons that caused him to write the work, the structure of the whole of the Revival and which places each of the chapters in the context of the others. The Life of Al-Ghazzālī Dar Al Kotob Al Ilmiyah دار الكتب العلمية  
This is the first volume of Goldziher's Muslim Studies, which ranks highly among the classics of the scholarly literature on Islam. Indeed, the two volumes, originally published in German in 1889-1890, can justly be counted among those which laid the foundations of the modern study of Islam as a religion and a civilization. The first study deals with the reaction of Islam to the ideals of Arab tribal society, to the attitudes of early Islam to the various nationalities and more especially the Persians, and culminates in the chapter

on the Shu'ubiyya movement which represents the reaction of the newly converted peoples, and again more especially of the Persians, to the idea of Arab superiority. The second essay is the famous study on the development of the Hadith, the "Traditions" ascribed to Muhammed, in which the Hadith is shown to reflect the various trends of early Islam, and in which its collection, and the subsequent literature devoted to it, is described. Goldziher's name is mainly associated with the critical study of the Hadith, of which this essay is the chief monument. The third essay is about the cult of saints, which, though contrary to the spirit and the letter of the earliest Islam, played such an important part in its subsequent development. These essays, with the author's

marvelous richness of information, profound historical sense, and sympathetic insight into the motive forces of religion and civilization, are today as fresh as at the time of their original publication and are indispensable for all students of Islam. The editor, S. M. Stern, has brought the annotation up-to-date by completing, whenever necessary, the references, by making relevant additions and by indicating the most important later literature dealing with the subjects treated in the studies.

#### On Disciplining the Soul JHU Press

The 37th chapter of the Revival of Religious Sciences, this treatise focuses on the subject of intention—which is of crucial importance in Islam—posing questions such as How can someone



ignorant of the meaning of intention verify his own intention? How can someone ignorant of the meaning of sincerity verify his own sincerity? and How can someone sincerely claim truthfulness if he has not verified its meaning? Renowned theologian-mystic Abu Hamid al-Ghazali addresses these questions by expounding the reality and levels of intention, sincerity, and truthfulness and the acts which affirm or mar them. Each of al-Ghazali's responses is based on the Qur'an, the example of the Prophet, and the sayings of numerous scholars and Sufis. As relevant today as it was in the 11th century, this discourse will be of interest to anyone concerned with ethics and moral philosophy.

**Deliverance from Error** The Other

Press

The spiritual life in Islam begins with riyadat al-nafs, the inner warfare against the ego. Distracted and polluted by worldliness, the lower self has a tendency to drag the human creature down into arrogance and vice. Only by a powerful effort of will can the sincere worshipper achieve the purity of soul which enables him to attain God's proximity. This translation of two chapters from The Revival of the Religious Sciences (Ihya' 'Ulum al-Din) details the sophisticated spiritual techniques adopted by classical Islam. In the first step, On Disciplining the Soul, which cites copious anecdotes from the Islamic scriptures and biographies of the saints, Ghazali explains how to acquire good character traits, and goes on to

describe how the sickness of the heart may be cured. In the second part, *Breaking the Two Desires*, he focusses on the question of gluttony and sexual desire, concluding, in the words of the Prophet, that 'the best of all matters is the middle way'. The translator has added an introduction and notes which explore Ghazali's ability to make use of Greek as well as Islamic ethics. The work will prove of special interest to those interested in Sufi mysticism, comparative ethics, and the question of sexuality in Islam.

#### A Concise Life On Disciplining the Soul

كتاب في التصوف، يذكر فيه الإمام الموسوعي وحجة الإسلام الغزالي أبواباً في الخوف من الله عز وجل وأحوال العشق الإلهي وحب الله وأكثر من مئة باب مما يهم المرید ويصلح نفسه وقلبه ويرضى الله عز وجل . وهو مختصر من كتاب " المكاشفة

الكبرى" للغزالي وجاء الكتاب محققاً ز *Al-Ghazali on Poverty and Abstinence* Islamic Texts Society's *Al-Gha* *Marvels of the Heart* is a classic Sufi manual on the 'science of the heart.' For Sufis, the heart is more than a physical organ, it is the seat of the soul, which holds the key to the intimate relationship that exists between the body and spirit. Each heart, according to traditional wisdom accumulated over centuries of spiritual practice, possesses four qualities: predatory, animal, demonic, and angelic. The latter represents one's true origin and potential, and through the proper use of the intellect and by engaging in spiritual practices, one can restore equilibrium to his inner core. As the Qur'an says: By the remembrance of God do hearts find peace. Abu Hamid al-

Ghazali (d. 1111) was the leading jurist, theologian, and mystic of premodern Islam, and remains its truest advocate in modern times. As a teacher of Sufi initiates he recorded these practical teachings in his four-volume compendium of spiritual knowledge, the *Thya' `ulum al-din* (The Revival of the Religious Sciences), from which the present work---Book 21---is taken. Imam al-Ghazali uses a series of traditional Sufi teachings and stories to illustrate the theme of the heart as a mirror. The light of the divine can only shine in the heart when the seeker recalls the Prophet's teaching that "everything has a polish, and the polish of hearts is the remembrance of God." Base character traits that accumulate when the true nature of the heart is neglected are like

"a smoke that clouds the heart's mirror"; rust corrodes the hearts of all but those who polish them by the remembrance of God. Hearts thus illuminated lead one to success in this life and eternal salvation in the next. Originally translated for a PhD thesis in 1938 as "The Religious Psychology of al-Ghazzali," for years this translation was only available to researchers and cognoscenti. Fons Vitae is proud to offer the complete text to the general public and specialists alike.

The Jewels of the Qur'ān Kazi Publications

Covers those dimensions of Islamic rituals of worship – prayer, almsgiving, fasting, Pilgrimage, etc. which are essential to the fulfilment of inner quality. Consists of selections from al-Ghazali's *Ihya*, a pivotal work in the

history of Islamic thought.

SUNY Press

In the *Mysteries of Charity and Its Important Elements* (Kitab asrar al zakat wa-muhimatiha; book 5), and the *Mysteries of Fasting and Its Important Elements* (Kitab asrar al-iyam wa-muhimatiha; book 6), of the forty books of the *Revival of the Religious Sciences* (Iya ulum al-din), Abu amid al-Ghazali explains the inner and outer meanings of charity and fasting, two pillars of worship for Muslims. These are two of the five books that deal with the inner dimensions of Islamic worship; books 3, 4, and 7 address purification, prayer, and pilgrimage, respectively. In book 5 al-Ghazali begins with a discussion of the various kinds of zakat and the conditions under which they become obligatory. He

explains the manners related to zakat and its inward and outward conditions. He then discusses the recipients of zakat, who qualifies for it and in what circumstances, and the manners related to receiving it. Finally, al-Ghazali explains charity and its virtues. In book 6 al-Ghazali begins with the outward obligations and sunna elements of fasting, and what is required if the fast is broken. He explains the mysteries of fasting and its inner conditions. Finally, he discusses the voluntary fasts and their order in superogatory worship. This readable yet comprehensive work covers an array of issues from the essential outward aspects of paying charity, to the inward aspects of the state of the heart during the fast and how to humble oneself completely. As a practical, yet

profound book, it is an indispensable guide for Muslims who seek a deeper comprehension of these two fundamental practices for Muslims, and for all those interested in understanding the meaning and role of charity and fasting in Islam.

**An Annotated Translation of Al-Munqidh Min Al Dal–al and Other Relevant Works of Al-Ghaz–al–i**

Islamic Texts Society's Al-Gha

This is the first English translation of the last chapter of Al-Ghazali's *Revival of the Religious Sciences* (Ihya' 'Ulum al-Din), widely regarded as the greatest work of Muslim spirituality. After expounding his Sufi philosophy of death and showing the importance of the contemplation of human mortality to the mystical way of self-purification, Ghazali takes his

readers through the stages of the future life: the vision of the Angels of the Grave, the Resurrection, the Intercession of the Prophet, and finally, the torments of Hell, the delights of Paradise and—for the elect—the beatific vision of God's Countenance.

**Marvels of the Heart** Fons Vitae Al-Ghazali

General Description: Al-Ghazzali discusses the roots of anger that will never be uprooted but how the triumph of God's Unity conceals anger, how the treatment of anger is obligatory along with the causes of anger. In addition he describes hatred and envy, the harms of envy, its true nature, the treatment for envy and how envy must be uprooted from our hearts.

**Invocations & Supplications** Islamic

Islamic Texts Society's Al-Gha

In book twenty of the forty books which compose the Revival of the Religious Sciences (Ihya' 'ulum al-din), Abu hamid al-Ghazali gives a full account of the customs and character of the Messenger of God, Muhammad. It is not a biography of Muhammad (peace and blessing of God be upon him) but a roadmap for those who want to strengthen their faith, increase their knowledge, and deepen their understanding of the second part of the testimony of faith, namely the first pillar of Islam. The author details the Messenger's noble nature and his miracles, while removing doubts regarding his message. He deals with the issue of the imitation of Muhammad (peace and blessing of God be upon him) noting that the ultimate source of

knowledge is revelation from God which comes to us through the Messenger. This volume lays clear that the aim of the imam in this Series is to call for a return to the Sunna and the imitation of the Messenger in all aspects of life.

Islamic Texts Society

The Book of Poverty and Abstinence is the thirty-fourth chapter of The Revival of the Religions Sciences. It falls in the section dealing with the virtues. Ghazali gives definitions of what real poverty and abstinence should be and how the poor should conduct themselves. He goes on to describe poverty that has no virtue and which is based on greed and love of the world. For Ghazali, the virtues of real poverty and abstinence are closely linked with patience, contentment, lack of worldliness,

asceticism, trust and surrender to God. Al-Ghazzali on Disciplining the Self Islamic Texts Society's al-Ghazali Series From its origins Islam has been an expansionist religion, understanding itself as a matter of faith to be in a permanent state of war with the non-Muslim world. After the initial consolidation of the Islamic caliphate, however, it soon became apparent that constant military hostilities could not be sustained and that other forms of relationship with non-Muslim nations would be necessary. To reconcile the imperatives of faith with the limits of military power, Islamic scholars developed elaborate legal doctrines. In the second century of the Muslim era (eighth century C.E.), hundreds of years before the codification of international

law in Europe by Grotius and others, Muhammad ibn al-Hasan al-Shaybani, an eminent jurist of the Hanafite school in present-day Iraq, wrote the first major Islamic treatise on the law of nations, *Kitab al-Siyar al-Kabir*. Translated with an extensive commentary by Majid Khadduri, Shaybani's *Siyar* describes in detail conditions for war (jihad) and for peace, principles for the conduct of military action and of diplomacy, and rules for the treatment of non-Muslims in Muslim lands. A foundational text of the leading school of law in Sunni Islam, it provides essential insights into relations between Islamic nations and the larger world from their earliest days up to the present.

Kitāb Al-'ilm SUNY Press

The Book of Patience and Thankfulness

is the thirty-second chapter of The Revival of the Religious Sciences which is widely regarded as the greatest work of Islamic spirituality. Written by one of the most famous theologian-mystics of

all time, The Book of Patience and Thankfulness discusses two of the virtues of the religious and spiritual life that are of universal interest. --

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